

# Navigating COVID-19

## Preventing COVID

- Wash hands for 20 seconds
- Wear a mask in public
- Use hand sanitizer
- Maintain social distance of at least 6 feet



## Common Symptoms:

- Fever
- Dry Cough
- Fatigue
- Muscle Aches
- Shortness of Breath

## Staying Safe:

Stay home for 10-14 days

- After positive COVID-19 test
- Developing COVID-19 symptoms
- Being directly exposed to someone positive for COVID-19
- Stay in different room / wear masks
- Avoid sharing household items
- Use separate bathroom, if possible

## FREE TESTING

Clarence Brown Conference Center  
Mon-Fri 8:30-7:00PM, Sat 8:30-12  
5450 GA-20, Cartersville  
Ph: 706-721-5800

**MUST CALL AND SCHEDULE APPOINTMENT**

## FREE TESTING W/HEALTH INSURANCE

Cartersville Urgent Care  
Mon-Sun 9-6pm  
10 Main Street Market Place, Cartersville  
NO APPOINTMENT NEEDED  
Drive Thru Testing

CVS

13 N Tennessee Street, Cartersville

**MUST SCHEDULE APPOINTMENT ONLINE**

**[Cvs.com/minuteclinic/covid-assessment](https://www.cvs.com/minuteclinic/covid-assessment)**

# RESOURCES

Tallatoona CAP  
Utility Assistance  
Ph: 770-817-4666 Ext. 2

Salvation Army  
Utility assistance, clothing, and disaster relief services  
Ph: 770-387-9955

Bartow Family Resources  
Diapers, wipes, supplies  
Ph: 770-382-7224

Red Door Food Pantry  
Located behind The Episcopal Church of the Ascension  
Tuesday 5:30-7:30PM and Wednesday 9-11AM

GA Dept of Labor( Unemployment)  
Ph: 770-387-3760  
Website: <https://www.dol.state.ga.us/static/uiben/ui-ruhere.htm>

Mental Health (Counseling Services)  
Willowbrooke  
Ph: 770-812-9551  
Website: <https://www.tanner.org/behavioral-health-care/get-help>

GA Hope  
Ph: 706-279-0405  
Website: [www.gahope.org/referrals](http://www.gahope.org/referrals)